



Otolaryngology

Otolaryngology is the diagnosis and treatment of ear, nose and throat diseases for both adults and children. Weakened hearing, difficulties in breathing through the nose, and speech disorders are not life-threatening medical conditions, but they can have a major impact on our quality of life and may also cause long-term health problems.

Long experience of surgical treatment of adenoids and tonsils means that there are very few postoperative complications with tonsils and adenoids in Estonia.

Operations ranging from simple removal of adenoids up to plastic surgery and hearing restoration can be carried out in Estonia. The most common operations include nasal septum surgery or septoplasty, which is when the curves and spikes in the nasal septum are straightened so that breathing through the nose becomes easier. Surgery is done through the nostrils under general anaesthesia.

Treatment options include the use of all modern methods of treatment, and laser therapy, ultrasound, microscopic and endoscopic surgery are all used in Estonia.

Estonian ear-nose-and-throat specialists are known across Europe, and their long experience of surgical treatment of adenoids and tonsils means that there are very few postoperative complications with tonsils and adenoids in Estonia, and that the number of days spent in hospital is low and the post-operation quality of life high.

The choice of services:

- Treatment for hearing problems
- Ear surgery
- Treatment for speech disorders
- Treatment of diseases of the throat and vocal cords
- Treatment of swallowing disorders
- Adenoidectomy or removal of adenoids
- Tonsillectomy or tonsil removal
- Surgery to stop snoring, uvulopalatopharyngoplasty
- Rinoplasty and otoplasty operations
- Treatment for diseases of the nose
- Aesthetic surgery for nose and ears

Estonian medical help was rated as good or mostly good by 80% of residents in 2012, which is the best result ever achieved.

Prices*:

Operations to remove tonsils and adenoids	350 € - 500 €
Plastic surgery operations on the nose	2300 €

*Example prices for Estonia. Prices and packages vary between service providers. To get an individual price quote, please contact your preferred service provider, who will be able to advise you on the most appropriate tests for your personal needs and inform you of the factors that will determine the final cost.



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