

Medicine Estonia

Vascular Surgery

Vascular surgery deals with restoring form and function to congenital or acquired vascular lesions of the arteries, veins and lymph vessels. Diagnosis and treatment in vascular surgery focus on both the magistral arteries and the superficial vein network.

All the most modern and technologically advanced equipment and methods of treatment are used in Estonia, allowing the best possible functional and aesthetic results to be achieved.

Both surgery and procedures within the blood vessels like extension and stenting are used to treat the abdominal aorta, the lower and upper limb arteries and the carotid artery. Many instrumental tests are done during the diagnosis of patients with vein and artery diseases that are the same as in other European centres of vascular surgery. The use of several types of test means that the best solution can be chosen for each individual patient. The number of vascular operations done in Estonia is constantly increasing, especially among patients from abroad. The majority of these patients are from Finland, Sweden, Norway and Russia.

The vascular surgeons operating in Estonia are specialists with many years of international experience. The medical teams caring for patients contain a surgeon, anaesthetist, a nurse and other specialists, who have learned their skills in Finland, Sweden, Switzerland, England, Germany and the USA. Personal contact with the patient is considered to be very important in Estonia, with clear and caring communication.

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The choice of services:

Reconstructive vascular surgery

Surgical or endovascular treatment of coronary artery disease
Treatment of diabetic and ischemic ulcers
Surgical treatment of abdominal aortic aneurysms
Treatment of peripheral arterial aneurysms
Carotid artery surgery for stroke prevention
Treatment of vascular tumours
Radiofrequency ablation of varicose veins

Treatment of varicose veins and venous insufficiency

✓ Varicose vain removal by various methods (surgery, laser treatments, endovascular, sclerotherapy)
✓ Treatment of venous ulcers
✓ Vascular laser treatment

In 2011 the European Surgical Outcomes Study (EuSOS) survey showed that post-operative mortality in Estonia is 1.5%. The European Union average is 4%. This figure puts Estonia in the top five in Europe, alongside Finland, Iceland, Norway and Sweden.

Prices*:

Sclerotherapy	75 €
Varicectomy and saphenectomy, removal of varicose veins without trunk removal	525€
Varicectomy and saphenectomy, removal of varicose veins with trunk removal	625€
Minimally invasive endovascular laser treatments	800€
Ultrasound examination of variegated sclerosing artery	175 €
"Shave" surgery of varicose ulcers with skin surgery	500€
Perforated laser ablation	275 €

*Example prices for Estonia. Prices and packages vary between service providers. To get an individual price quote, please contact your preferred service provider, who will be able to advise you on the most ap-propriate tests for your personal needs and inform you of the factors that will determine the final cost.



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